



Biggleswade Athletic Club

Affiliated to England Athletics, Association of Running Clubs,
the SEAA, Beds AAA and the Road Walkers Association

President: Mr Alistair Burt MP

Treasurer:
Ian Grimwood
Bedford Road
Sandy
Beds. SG19

Chairman:
Trevor Ball

Secretary:
Hannah Broom
Sandy
Beds SG19



BIGGLESWADE ATHLETIC CLUB'S OPEN Jumps Fests, Track Fests and Throws Fests 2019

Competition under UKA Rules

Sandy Sports Centre SG19 1BL

Biggleswade Athletic Club will be hosting its annual 'fests' with the following events:

Thursday 13th June Jumps Fest

6 30 pm Long Jump
7 45 pm Triple Jump
6 30 pm High Jump
7 45 pm Pole Vault

Thursday 4th July Track Fest

6 30 pm 3/400 m
6 50 pm 3 k
*7 05 pm Tom Pink Relay challenge Chasing Laura (School year 3/4/5, 6/7) female
*7 15 pm Tom Pink Relay challenge Chasing Mo (School year 3/4/5, 6/7) male
7 25 pm 100 m
7 40 pm 800 m
8 00 pm 200 m
8 15 pm 10,000 m (Beds & Herts Champs)

Thursday 8th August Throws Fest

6 30 pm Javelin
6 30 pm Discus
7 45 pm Hammer
7 45 pm Shot

For more information contact **David Brown 01767 600094/07952 025176**

Events start 6 30 pm and registration will open at 5 45 pm

**All events are entry on the day/ENTRIES FOR THE THROWS ENTER ONLY ONE
EVENT AT THE SAME TIME SLOT – DUE TO THE STADIUM
GEOGRAPHY**

£5-00 for one event, £7-00 for two or more; Tom Pink Relay challenge £5-00

Name	Club	Number (club use)
Event	Age Group	PB/estimated time/distance
1		
2		
3		

*Tom Pink Relays - (Continuous relay over 1500 m - team of 5. 100 m legs over the 1500 m distance, each member does 3 x 100 m legs. May be run together