

Stage			Runner	Cyclist	Night Car	Est Start Time
1	<b>Kings Lynn - Hunstanton</b>	<b>16.81</b>	Ian Grimwood		n/a	00:00
2	<b>Hunstanton - Burnham Overy</b>	<b>14.06</b>	Charles Arnold		n/a	00:00
3	<b>Burnham Overy. - Wells</b>	<b>5.76</b>	Deb Bryant	n/a	n/a	00:00
4	<b>Wells - Cley</b>	<b>11.14</b>	Christopher Watson		n/a	00:00
5	<b>Cley - Cromer</b>	<b>10.81</b>	Andy Hedley		n/a	00:00
6	<b>Cromer - Mundesley</b>	<b>7.90</b>	Gary Baldwin		n/a	00:00
7	<b>Mundesley - Lessingham</b>	<b>9.24</b>	Sarah-Jane Harman		n/a	00:00
8	<b>Lessingham - Horsey</b>	<b>7.52</b>	Robin Wynde			00:00
9	<b>Horsey - Belton</b>	<b>16.60</b>	Neil Harvey			00:00
10	<b>Belton - Earsham</b>	<b>18.13</b>	Nick Haworth			00:00
11	<b>Earsham - Scole</b>	<b>12.45</b>	Paul Cooke			00:00
12	<b>Scole - Thetford</b>	<b>19.67</b>	John Stott			00:00
13	<b>Thetford - Feltwell</b>	<b>13.25</b>	Frank Mcloughlin			00:00
14	<b>Feltwell - Wissington</b>	<b>7.27</b>	Vicky Berry			00:00
15	<b>Wissington - Downham Market</b>	<b>10.59</b>	Julian Brunt		n/a	00:00
16	<b>Downham Market - Stowbridge</b>	<b>5.49</b>	Zoe Luscombe		n/a	00:00
17	<b>Stowbridge - Kings Lynn</b>	<b>11.73</b>	Juliet Grimwood		n/a	00:00