

## Biggleswade Athletic Club Under 15s and 17s Records

Records up to date to 2nd March 2020, records added in latest update are shown in bold (WA indicates wind assisted)

Category	U15 Girls	U15 Boys	U17 Girls	U17 Boys
<b>100m</b>	Rachel Baust 12.9 secs Colchester 27.08.2001	Cameron Rayner 11.7 secs Colchester 30.07.2017	Rachel Baust 13.1 secs Luton 13.05.2002	Ethan Metcalfe 11.1 secs St Ives 15.06.2013
<b>200m</b>	Rachel Baust 26.6 secs Colchester 27.08.2001	Cameron Rayner 24.1 secs Braintree 17.06.2017	Katie Miles 26.6 secs Luton 07.07.2013	Ethan Metcalfe 22.0 secs Bedford 21.07.2013
<b>300m</b>	Sophie Forbes-Laird 43.23 secs Sandy 29.09.2018	Tristan Rayner 39.11 secs Hendon 02.08.2015	Rachel Baust 42.49 secs Birmingham 10.08.2002	
<b>400m</b>		Tom Boggon 55.1 secs Bedford 22.09.2012	Rachel Baust 60.8 secs Mile End 05.07.2003	Morgan Webster 51.68 secs Hendon 02.08.2015
<b>800m</b>	Chelsea McKenzie 2mins 26.5secs Birmingham 11.02.2007	Nick Gilbert 2mins 17.23secs Watford 29.05.2004	Alice Middleton 2mins 20.7secs Watford 21.09.2005	James Drinkwater 2mins 08.6secs Welwyn Garden City 18.04.2003
<b>1500m</b>	Chelsea McKenzie 5mins 10.2secs St Albans 29.04.2007	Conner Trudgill 4mins 34.4secs Bedford 13.05.2012	Hannah Ridley 5mins 04.79secs Cambridge 02.06.2012	James Drinkwater 4mins 24.1secs Bedford 11.05.2003
<b>1500m S/C</b>				<b>Elliott Swinburn</b> <b>5 min 27.35 s</b> <b>Lee Valley</b> <b>19.06.2019</b>
<b>Mile</b>				Adam Ball 5mins 05.3 secs Peterborough 26.08.2002
<b>2000m</b>		Adam Ball 7mins 26.6secs Luton 13.05.2000		
<b>3000m</b>	Hannah Ridley 11 mins 58.3 secs Sandy 09.08.2011	Conner Trudgill 10mins 19.17secs St Ives 25.05.2011	Hannah Ridley 11mins 06.6 secs Luton 06.04.2013	Conner Trudgill 9 mins 42.9 secs Sandy 11.07.2013
<b>3000m S/C</b>				Karl Haywood 13mins 18.9secs Walthamstow 16.05.1998
<b>5000m</b>			Hannah Hutchinson 21.25.0 Sandy 27.09.2008	James Drinkwater 17mins 49.4secs Sutcliffe Park 28.06.2003
<b>4 x 100m</b>	C Nash, M Roberts E Mugridge, S Ridley 56.6 secs Bedford 03.07.2011	T Boggon, M Webster C Dickson Earle, B Strong 52.3 secs Bedford 22.09.2012	M Roberts, F Riley L Satahoo, K Miles 52.8 secs Sandy 01.06.2014	J Clayton, G Chueng, T Boggon, E Metcalfe 47.5 secs Bedford 14.04.2013
<b>4 x 300m</b>			M Roberts, F Riley L Satahoo, K Miles 3mins 06.3secs Sandy 01.06.2014	
<b>4 x 400m</b>			H Yates, N Swales, A Russell, S Freeman 5mins 03.1secs Ilford 22.05.2004	

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<b>Hurdles (75m)</b>	Lauren Ambrose 11.86 secs Barnet 25.08.2002			
<b>Hurdles (80m)</b>		Euan Dickson Earle 11.36 secs (WA) Hendon 28.08.2010  Euan Dickson Earle 11.45 secs Bedford 22.08.2010	Charlotte Sexton 12.9 secs Bedford 03.07.2011	
<b>Hurdles (100m)</b>				Euan Dickson Earle 13.23 secs (WA) Bedford 19.08.2012  Euan Dickson Earle 13.43 Bedford 19.08.2012
<b>Hurdles (110m)</b>				Matt Glass 19.2 secs Eton 24.09.2006
<b>Hurdles (400m)</b>			Faye Young 85.2 secs Salisbury 20.08.2011	Kieran Best (U17) 67.4 secs St Ives 05.09.2004  Cybil Laobena (91cm) 72.81 secs Lee Valley 21.06.2014
<b>Long Jump</b>	Chloe Emery 4.83 m Peterborough 28.09.2014	Jorden Best 5.42 m Bedford 07.08.2005	<b>Leonie Brunning</b> <b>5.11 m</b> <b>Exeter</b> <b>21.09.2019</b>	Tom Boggon 6.47 m Battersea 20.07.2013
<b>Triple Jump</b>	<b>Teagan Blake</b> <b>9.96 m</b> <b>Sandy</b> <b>13.06.2019</b>	Tom Boggon 12.94 m Bedford 19.08.2012	Rachel Baust 10.34 m Watford 08.09.2002	Tom Boggon 13.75 m Birmingham 05.07.2013
<b>High Jump</b>	Leonie Brunning 1.67 m Peterborough 02.07.2017	Jorden Best 1.77 m Southampton 17.09.2005	Leonie Brunning 1.75 m Birmingham 14.07.2018	Josh Watson 1.93 m Sandy 24.09.2011
<b>Pole Vault</b>	Leonie Brunning 2.00 m Stevenage 03.07.2016	Kieran Shaw Flach 2.60 m Barnet 26.08.2007	Holly Welham 2.45 m Sandy 07.09.2008	Adam Humphries 3.35 m Luton 10.09.2006
<b>Discus</b>	Hannah Brunning 30.68 m Cambridge 30.06.2019	Matt Turnbull (1.25k) 33.48 m Stevenage 24.04.2005	Sarah Ridley 25.23 m Bedford 22.09.2012	Nathan Dodds (1.5k) 36.29m Luton 30.04.2017  Euan Dickson-Earle (2k) 24.41 m Walthamstow 30.07.2011
<b>Shot</b>	Sarah Ridley (3.25k) 9.15 m Hemel Hempstead 14.08.2011  Sophie Steele (3k) 10.70 m Hemel Hempstead 02.06.2019	Matt Turnbull 12.32 m Bedford 18.05.2005	Sarah Ridley (4k) 9.10 m Luton 06.04.2013  <b>Leonie Brunning (3k)</b> <b>10.82 m</b> <b>Exeter</b> <b>21.09.2019</b>	Nathan Dodds (5k) 12.13 m Luton 30.04.2017  Nathan Dodds (7.26k) 9.98 m Luton 15.04.2017
<b>Javelin</b>	Sammy Freeman (600g) 24.56 m Thurrock 27.07.2003	Alex Ingham 40.83 m Bedford 16.06.2010	Amy Lyons (600g) 32.16 m Mile End 26.07.2008	Alex Ingham (700g) 51.33 m Watford 15.07.2012

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	Hannah Brunning (500g) 32.09 m Bedford 12.06.2019		<b>Leonie Brunning (500g)</b> <b>29.73 m</b> <b>Southend</b> <b>26.08.2019</b>	Nathan Dodds (800g) 44.22 m Luton 15.04.2017
<b>Hammer</b>	Katie Bland (4k) 24.37 m Cambridge 02.06.2007  Sophie Steele (3k) 28.00 m Kettering 25.05.2019	Jorden Best (4k) 23.60 m Luton 25.09.2004	Katie Bland (4k) 37.65 m Newham 05.09.2009  Autumn Handscombe (3k) 20.90 m Bedford 11.05.2018	Justin Best (U17) 23.82 m St Ives 05.09.2004  Chris Letts (SM) 15.85 m Enfield 15.08.1998
<b>Pentathlon</b>	Chloe Emery 2589 pts Bedford 20.07.2014 (Long Jump, 75 m Hur, Shot, High Jump, 800 m)	Jorden Best 2501 pts Southampton 17.09.2005 (Long Jump, 80 m Hur, Shot, High Jump, 800 m)	<b>Alice Middleton</b> <b>2357 pts</b> <b>Peterborough</b> <b>25.09.2005</b> <b>(Long Jump, 80 m Hur,</b> <b>Shot, High Jump, 800 m)</b>	
<b>Heptathlon</b>			<b>Leonie Brunning</b> <b>3963 points</b> <b>Exeter</b> <b>21.09.2019</b>	
<b>Decathlon</b>				Matt Glass 3541 pts Eton 24.09.2006
<b>INDOOR</b>				
<b>60m indoor</b>	Rachel Baust 8.64 secs Bedford 17.02.2001	Paul Arkwright 7.87 secs Birmingham 25.02.2001	Rachel Baust 8.5 secs Bedford 19.01.2002	Euan Dickson Earle 7.00 secs Birmingham 25.02.2012
<b>200m indoor</b>	Rachel Baust 28.51 secs Birmingham 24.02.2001	Jake Ovenden 25.40 secs Birmingham 04.03.2006	Rachel Baust 27.36 secs Birmingham 27.01.2002	Ethan Metcalfe 23.09 secs Birmingham 24.02.2013
<b>300m indoor</b>	Sophie Forbes-Laird 44.30 secs Lee Valley 06.01.2019		Rachel Baust 42.63 secs Birmingham 23.02.2002	
<b>400m indoor</b>				Tom Worboys 52.88 secs Birmingham 23.02.2008
<b>800m indoor</b>	Chelsea McKenzie 2mins 26.5secs Birmingham 11.02.2007	Nick Gilbert 2mins 21.23secs Birmingham 28.02.2004		Conner Trudgill 2mins 12.96secs Lee Valley 01.02.2014
<b>1500m indoor</b>		Sam Barton 4mins 55.16 secs Lee Valley 20.02.2013	Hannah Ridley 5mins 13.39 secs Lee Valley 20.02.2013	Conner Trudgill 4mins 37.85 secs Lee Valley 20.02.2013
<b>Hurdles (60m) indoor</b>	Kay Brown 9.46 secs Bedford 17.01.2004	Euan Dickson Earle 8.84 secs Lee Valley 16.01.2010	Lauren Ambrose 9.63 secs Birmingham 26.01.2003	Euan Dickson Earle 8.02 secs Birmingham 26.02.2012
<b>Shot indoor</b>	Sophie Steele (3k) 9.67 m Lee Valley 01.01.2019	Freddie Steele 7.70 m Lee Valley 01.01.2019	Joanne Goodyear 8.16 m Kings Lynn 22.02.2004  <b>Sophie Steele (3K)</b> <b>10.90 m</b> <b>Lee Valley</b> <b>01.01.2020</b>	Justin Best 10.01 m Bedford 18.01.2004
<b>Long Jump indoor</b>	Lauren Ambrose 4.68 m Bedford 19.01.2001	Tom Boggan 5.42m Birmingham 26.02.2012	<b>Teagan Blake</b> <b>4.37 m</b> <b>Lee Valley</b> <b>09.02.2020</b>	Tom Boggan (U15) 5.42m Birmingham 26.02.2012

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<b>Triple Jump indoor</b>		Tom Boggon 12.42 m Lee Valley 04.02.2012	<b>Teagan Blake</b> <b>10.24 m</b> <b>Lee Valley</b> <b>25.01.2020</b>	Tom Boggon (U15) 12.42 m Lee Valley 04.02.2012
<b>High Jump indoor</b>	Lauren Ambrose 1.53 m Peterborough 02.03.2002	Jorden Best 1.69 m Birmingham 26.02.2005	Lauren Ambrose 1.63 m Kings Lynn 02.02.2003	Zac Morrison 1.55 m Kings Lynn 19.02.2000
<b>Pentathlon indoor</b>	Leonie Brunning 2219 pts Lee Valley 18.12.2016 (Long Jump, 60 m Hur, Shot, High Jump, 800 m)	Jorden Best 1554 pts Bedford 11.01.2004 (Long Jump, 60 m Hur, Shot, High Jump, 60 m)	<b>Teagan Blake</b> <b>2358 pts</b> <b>Lee Valley</b> <b>13.12.2019</b> <b>(60 m hurdles, shot, high jump, long jump, 800 m)</b>	