

Biggleswade Athletic Club Under 15's and 17's Records

Records up to date as of 6th May 2017, recent records are shown in **Bold** (WA indicates wind assisted)

Category	U15 Girls	U15 Boys	U17 Girls	U17 Boys
100m	Rachel Baust 12.9 secs Colchester 27.08.2001	Euan Dickson Earle 11.8 secs Sandy 25.09.2010	Rachel Baust 13.1 secs Luton 13.05.2002	Ethan Metcalfe 11.1 secs St Ives 15.06.2013
200m	Rachel Baust 26.6 secs Colchester 27.08.2001	Paul Arkwright 24.3 secs Sheffield 12.08.2001 Jake Ovenden 24.3 secs Sutcliffe Park 03.06.2006	Katie Miles 26.6 secs Luton 07.07.2013	Ethan Metcalfe 22.0 secs Bedford 21.07.2013
300m	Rachel Baust 43.7 secs Biggleswade 30.06.2001	Tristan Rayner 39.11 secs Hendon 02.08.2015	Rachel Baust 42.49 secs Birmingham 10.08.2002	
400m		Tom Boggon 55.1 secs Bedford 22.09.2012	Rachel Baust 60.8 secs Mile End 05.07.2003	Morgan Webster 51.68 secs Hendon 02.08.2015
800m	Chelsea McKenzie 2mins 26.5secs Birmingham 11.02.2007	Nick Gilbert 2mins 17.23secs Watford 29.05.2004	Alice Middleton 2mins 20.7secs Watford 21.09.2005	James Drinkwater 2mins 08.6secs Welwyn Garden City 18.04.2003
1500m	Chelsea McKenzie 5mins 10.2secs St Albans 29.04.2007	Conner Trudgill 4mins 34.4secs Bedford 13.05.2012	Hannah Ridley 5mins 04.79secs Cambridge 02.06.2012	James Drinkwater 4mins 24.1secs Bedford 11.05.2003
Mile				Adam Ball 5mins 05.3 secs Peterborough 26.08.2002
2000m		Adam Ball 7mins 26.6secs Luton 13.05.2000		
3000m	Hannah Ridley 11 mins 58.3 secs Sandy 09.08.2011	Conner Trudgill 10mins 19.17secs St Ives 25.05.2011	Hannah Ridley 11mins 06.6 secs Luton 06.04.2013	Conner Trudgill 9 mins 42.9 secs Sandy 11.07.2013
3000m S/C				Karl Haywood 13mins 18.9secs Walthamstow 16.05.1998
5000m			Hannah Hutchinson 21.25.0 Sandy 27.09.2008	James Drinkwater 17mins 49.4secs Sutcliffe Park 28.06.2003
4 x 100m	C Nash, M Roberts E Mugridge, S Ridley 56.6 secs Bedford 03.07.2011	T Boggon, M Webster C Dickson Earle, B Strong 52.3 secs Bedford 22.09.2012	M Roberts, F Riley L Satahoo, K Miles 52.8 secs Sandy 01.06.2014	J Clayton, G Chueng, T Boggon, E Metcalfe 47.5 secs Bedford 14.04.2013
4 x 300m			M Roberts, F Riley L Satahoo, K Miles 3mins 06.3secs Sandy 01.06.2014	

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4 x 400m			H Yates, N Swales, A Russell, S Freeman 5mins 03.1secs Ilford 22.05.2004	
Hurdles (75m)	Lauren Ambrose 11.86 secs Barnet 25.08.2002			
Hurdles (80m)		Euan Dickson Earle 11.36 secs (WA) Hendon 28.08.2010 Euan Dickson Earle 11.45 secs Bedford 22.08.2010	Charlotte Sexton 12.9 secs Bedford 03.07.2011	
Hurdles (100m)				Euan Dickson Earle 13.23 secs (WA) Bedford 19.08.2012 Euan Dickson Earle 13.43 Bedford 19.08.2012
Hurdles (110m)				Matt Glass 19.2 secs Eton 24.09.2006
Hurdles (400m)			Faye Young 85.2 secs Salisbury 20.08.2011	Kieran Best (U17) 67.4 secs St Ives 05.09.2004 Cybil Laobena (91cm) 72.81 secs Lee Valley 21.06.2014
Long Jump	Chloe Emery 4.83 m Peterborough 28.09.2014	Jorden Best 5.42 m Bedford 07.08.2005	Sarah Ridley 4.90 m Luton 26.05.2013	Tom Boggon 6.47 m Battersea 20.07.2013
Triple Jump	Kay Brown 9.30 m Welwyn Garden City 18.04.2003 Chloe Litchfield 9.44 m (WA) Sandy 18.06.2009	Tom Boggon 12.94 m Bedford 19.08.2012	Rachel Baust 10.34 m Watford 08.09.2002	Tom Boggon 13.75 m Birmingham 05.07.2013
High Jump	Lauren Ambrose 1.65 m St Albans 04.08.2002	Jorden Best 1.77 m Southampton 17.09.2005	Lauren Ambrose 1.68 m Gt Yarmouth 28.07.2003	Josh Watson 1.93 m Sandy 24.09.2011
Pole Vault	Holly Welham 1.95 m Cambridge 02.06.2007	Kieran Shaw Flach 2.60 m Barnet 26.08.2007	Holly Welham 2.45 m Sandy 07.09.2008	Adam Humphries 3.35 m Luton 10.09.2006

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Category	U15 Girls	U15 Boys	U17 Girls	U17 Boys
Discus	Katie Bland 22.74 m Milton Keynes 15.06.2007	Matt Turnbull (1.25k) 33.48 m Stevenage 24.04.2005	Sarah Ridley 25.23 m Bedford 22.09.2012	Nathan Dodds (1.5k) 36.29m Luton 30.04.2017 Euan Dickson-Earle (2k) 24.41 m Walthamstow 30.07.2011
Shot	Sarah Ridley (3.25k) 9.15 m Hemel Hempstead 14.08.2011 Chloe Emery (3k) 7.24 m Peterborough 28.09.2014	Matt Turnbull 12.32 m Bedford 18.05.2005	Sarah Ridley (4k) 9.10 m Luton 06.04.2013 Rebecca Lee (3k) 6.93m Hendon 15.06.2014	Nathan Dodds (5k) 12.13 m Luton 30.04.2017 Nathan Dodds (7.26k) 9.98 m Luton 15.04.2017
Javelin	Sammy Freeman (600g) 24.56 m Thurrock 27.07.2003	Alex Ingham 40.83 m Bedford 16.06.2010	Amy Lyons (600g) 32.16 m Mile End 26.07.2008	Alex Ingham (700g) 51.33 m Watford 15.07.2012 Nathan Dodds (800g) 44.22 m Luton 15.04.2017
Hammer	Katie Bland (4k) 24.37 m Cambridge 02.06.2007	Jorden Best (4k) 23.60 m Luton 25.09.2004	Katie Bland (4k) 37.65 m Newham 05.09.2009 Rebecca Lee (3k) 17.87 m Hendon 15.06.2014	Justin Best (U17) 23.82 m St Ives 05.09.2004 Chris Letts (SM) 15.85 m Enfield 15.08.1998
Pentathlon	2589 pts Bedford 20.07.2014 (Long Jump, 75 m Hur, Shot, High Jump, 800 m)	Jorden Best 2501 pts Southampton 17.09.2005 (Long Jump, 80 m Hur, Shot, High Jump, 800 m)	Alice Middleton 2357 pts Peterborough 25.09.2005 (Long Jump, 80 m Hur, Shot, High Jump, 800 m)	
Heptathlon			Amy Lyons 2712 points Grantham 28/29.06.2008 80 m Hur, High Jump, Shot, 200 m, Long Jump, Javelin, 800m	
Decathlon				Matt Glass 3541 pts Eton 24.09.2006
INDOOR				
60m	Rachel Baust 8.64 secs Bedford 17.02.2001	Paul Arkwright 7.87 secs Birmingham 25.02.2001	Rachel Baust 8.5 secs Bedford 19.01.2002	Euan Dickson Earle 7.00 secs Birmingham 25.02.2012
200m	Rachel Baust 28.51 secs Birmingham 24.02.2001	Jake Ovenden 25.40 secs Birmingham 04.03.2006	Rachel Baust 27.36 secs Birmingham 27.01.2002	Ethan Metcalfe 23.09 secs Birmingham 24.02.2013

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300m	Georgia Smith 46.43 secs Lee Valley 05.03.2017		Rachel Baust 42.63 secs Birmingham 23.02.2002	
400m				Tom Worboys 52.88 secs Birmingham 23.02.2008
800m	Chelsea McKenzie 2mins 26.5secs Birmingham 11.02.2007	Nick Gilbert 2mins 21.23secs Birmingham 28.02.2004		Conner Trudgill 2mins 12.96secs Lee Valley 01.02.2014
1500m		Sam Barton 4mins 55.16 secs Lee Valley 20.02.2013	Hannah Ridley 5mins 13.39 secs Lee Valley 20.02.2013	Conner Trudgill 4mins 37.85 secs Lee Valley 20.02.2013
Hurdles (60m)	Kay Brown 9.46 secs Bedford 17.01.2004	Euan Dickson Earle 8.84 secs Lee Valley 16.01.2010	Lauren Ambrose 9.63 secs Birmingham 26.01.2003	Euan Dickson Earle 8.02 secs Birmingham 26.02.2012
Shot	Jessica King 6.65 m Bedford 02.03.2002	Nathan Dodds 7.47 m Lee Valley 15.12.2013	Joanne Goodyear 8.16 m Kings Lynn 22.02.2004	Justin Best 10.01 m Bedford 18.01.2004
Long Jump	Lauren Ambrose 4.68 m Bedford 19.01.2001	Tom Boggon 5.42m Birmingham 26.02.2012	Rachel Bellamy 4.14 m Bedford 17.01.2004	Tom Boggon (U15) 5.42m Birmingham 26.02.2012
Triple Jump		Tom Boggon 12.42 m Lee Valley 04.02.2012		Tom Boggon (U15) 12.42 m Lee Valley 04.02.2012
High Jump	Lauren Ambrose 1.53 m Bedford 02.03.2002	Jorden Best 1.69 m Birmingham 26.02.2005	Lauren Ambrose 1.63 m Kings Lynn 02.02.2003	Zac Morrison 1.55 m Kings Lynn 19.02.2000
Penthalon	Leonie Brunning 2219 pts Lee Valley 18.12.2016 (Long Jump, 60 m Hur, Shot, High Jump, 800 m)	Jorden Best 1554 pts Bedford 11.01.2004 (Long Jump, 60 m Hur, Shot, High Jump, 60 m)	Rachel Bellamy 2092 pts Bedford 11.01.2004 (Long Jump, 60 m Hur, Shot, High Jump, 60 m)	