



Biggleswade Athletic Club

Affiliated to England Athletics, Association of Running Clubs,
the SEAA, Beds AAA and the Road Walkers Association

President: Mr Alistair Burt MP



Treasurer:
Ian Grimwood
36 Bedford Rd
Sandy
Bedfordshire
SG19 1EW

Chairman:
Trevor Ball
38 Malden Way
Eynesbury, St Neots
Cambridgeshire
PE192GF

Secretary:
Natalie Stokes
43 Tear Close
Potton
Bedfordshire
SG19 2FB

SANDY SPORTS CENTRE ATHLETICS STADIUM RECORDS

MEN

100 m	Dickson Kusi (Marshal Milton Keynes) 10.77 secs +1.5 m/s 5/7/18 Track Fest
200 m	Ethan Metcalfe (Biggleswade) 21.5 secs 12/7/14 SAL
400 m	Nigel Levine (Bedford & County) 47.6 secs 13/5/07 Beds Champs
800 m	Tim Frith (Essex) 1 min 56.0 secs 7/9/13 Hibbard Trophy
1500 m	Charles Hardy (London Heathside) 4 mins 05.44 secs 26/9/17 Biggleswade Open
3000 m	Dan Woodgate (Luton) 8 mins 39.9 secs 12/7/13 Track Fest
5000 m	Glen Watts (Cambs) 15 mins 02.2 secs 17/9/13 Hibbard Trophy
10000 m	Aaron Scott (Notts AC) 30 mins 12.1 secs 12/7/12 Track Fest
110 m H	Sean Reidy (Cambs) 15.6 secs 3/9/06 Hibbard Trophy
400 m H	Sean Reidy (Cambs) 56.1 secs 7/9/13 Hibbard Trophy
3K S/C	Glen Watts (Cambs) 9 mins 24.0 secs 7/9/13 Hibbard Trophy
Hammer	Richard Martin (Bedford & Cnty) 61.35 m 26/9/17 Biggleswade Open
Discus	Tom Norman (WGEL) 51.45 m 23/9/09 Biggleswade Open
Shot	James Dodds (Nortampton AC) 14.61 m 14/6/21 Beds AAA Open
Javelin	Neil McLellan (Herts) 69.28 m 23/9/09 Biggleswade Open
Pole Vault	Frankie Johnson (Bedford & Cnty) 4.93 m 29/9/18 Biggleswade Open
High Jump	Scott Johnson (Bedford & Cnty) 2.10 m 23/9/09 B'wade Open
Long Jump	Josh Olawore (Havering & M) 7.11 m 24/6/12 NJAL
Triple Jump	Michael Puplampu (Beds) 14.32 m 3/9/06 Hibbard Trophy
Relay	
4 x 100 m	Beds 42.9 secs 7/9/13 Hibbard Trophy
4 x 100 m	Cambs 42.9 secs 7/9/13 Hibbard Trophy
4 x 400 m	Cambs 3 mins 23.6 secs 7/9/13 Hibbard Trophy
Wheel Chair 100 m	Varun Bandi (Bedford & C) 19.2 (0.3) secs 16/06/21 Beds AAAOpen
Wheel Chair 200 m	Varun Bandi (Bedford & C) 35.5 secs 16/06/21 Beds AAAOpen
Wheel Chair 400 m	Ggo Mizune (Harlow) 64.70 secs 28/9/19 Biggleswade Open
Wheel Chair 800 m	Jack Gower (Harlow) 2 mins 27.9 secs 25/08/21/ Track Fest
3000 m Walk	George Wilkinson (ENFH) 12 mins 37.43 secs 25/9/19 Biggleswade Open
10 mile	

02/10/21



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WOMEN

100 m	Etienne Maughan (Bedford & C)	11.8 secs (1.6)	20/06/21	SAL
200 m	Etienne Maughan (Bedford & C)	24.7 secs (1.8)	20/06/21	SAL
400 m	Lauren Russell (Beds)	57.4 secs	7/9/13	Bemax Trophy
300 m	Z Benton (HPX)	42.2 secs	1/6/14	YDL
800 m	Jessica Norkett (Thetford)	2 mins 13.26 secs	25/9/21	Biggleswade Open
1500 m	Natasha Peters (Beds)	4 mins 39.8 secs	7/9/13	Bemax Trophy
3000 m	Jessica Norkett (Thetford)	10 mins 34.17 secs	28/9/19	Biggleswade Open
5000 m	Hannah Hutchinson (Biggleswade)	2009?		Biggleswade Open
10000 m	Claire Somerton (C&C)	36 mins 04.54 secs	9/7/15	Track Fest
100 m H	Laura Jones (Herts)	14.9 secs	3/9/06	Bemax Trophy
100 m H	Moe Saeseqbon (Herts)	14.9 secs	7/9/13	Bemax Trophy
400 m H	Deborah Willis (Notts AC)	61.6 secs	28/3/15	Bedfordshire Open
2K S/C				
Hammer	Louisa James (SBH)	58.76 m	6/8/15	Biggleswade Throws Fest
Discus	Chloe Edwards (Cambs)	45.42 m	3/9/06	Bemax Trophy
Javelin	Emma Hamplatt (Birchfield H)	50.75 m	9/9/18	B'wade Throws Fest
Shot	Joanne Duncan (Essex)	16.50 m	3/9/06	Bemax Trophy
Pole Vault	Jemma Harding (Beds)	3.50 m	3/9/06	Bemax Trophy
High Jump	Vickie Hubbard (Birchfield Harrier)	1.80 m	25/9/10	B'wade Open
Long Jump	Eavion Richardson (Beds)	5.56 m	7/9/06	Bemax Trophy
Triple Jump	Angela Barrett (TVH)	13.07 m	14/6/18	B'wade Jumps Fest
Relay				
4 x 100 m	Essex	49.1 secs	3/9/06	Bemax Trophy
4 x 400 m	Cambs	4mins 03.2 secs	3/9/06	Bemax Trophy
Wheel Chair 100 m	Hannah Goodwin (Harlow)	22.7 (1.5) secs	16/06/21	Beds AAAOpen
Wheel Chair 200 m	Hannah Goodwin (Harlow)	41.4 (1.5) secs	16/06/21	Beds AAAOpen
Wheel Chair 400 m	Clair Connan (C&C)	87.89 secs	28/9/19	Biggleswade Open
3 000 m Walk	Shaheda Arthur (UA)	31 mins 11.24 secs	25/9/21	Biggleswade Open

10 Mile

02/10/21