

Biggleswade Athletic Club Individual Awards



2018

5 Km

Men's

Women's

Charles Arnold

Elaine Livera

10 Km

Men's

Women's

Charles Arnold

Hannah Broom

10 Mile

Men's

Women's

Charles Arnold

Natalie Morgan

Half Marathon

Men's

Women's

Marcus Davey

Hannah Broom

Complete Athlete Award

Charles Arnold

Endurance Trophy

Nick Haworth

Most Improved Senior Athlete

Men's

Women's

Daniel Steel

Hannah Broom

Club Person of the Year

Sonia Brown

Lonely Pines Trophy - Club Members Member of the Year

Bev Strong

Senior Awards

Senior Male Track Athlete of the Year

Senior Female Track Athlete of the Year

Senior Male Field Athlete of the Year

Senior Female Field Athlete of the Year

Morgan Webster

Hannah Ridley

Daniel Steel

Sarah Ridley

Veteran Awards

Veteran Male (35-49)

Veteran Male (50-59)

Veteran Male (60+)

Veteran Female (35-49)

Veteran Female (50-59)

Veteran Female (60+)

Simon Strong

Neil Harvey

Charles Arnold

Kathryn Juty

Helen Kapur

Sandra Ingham

Biggleswade Athletic Club Individual Awards



2017

5 Km

Men's
Women's

Jamie Hall
Elaine Livera

10 Km

Men's
Women's

Jamie Hall
Juliet Naylor

10 Mile

Men's
Women's

Paul Davies
Isobel Everest

Half Marathon

Men's
Women's

Jamie Hall
Elaine Livera

Complete Athlete Award

Charles Arnold

Endurance Trophy

Nick Haworth

Most Improved Senior Athlete

Men's
Women's

John Stott
Natalie Morgan

Club Person of the Year

Peter Howell

Lonely Pines Trophy - Club Members Member of the Year

Damien Pitts

Senior Awards

Senior Male Track Athlete of the Year
Senior Female Track Athlete of the Year
Senior Male Field Athlete of the Year
Senior Female Field Athlete of the Year

Morgan Webster
Sarah Ridley
Daniel Steel
Sandra Ingham

Veteran Awards

Veteran Male (35-49)
Veteran Male (50-59)
Veteran Male (60+)
Veteran Female (35-49)
Veteran Female (50-59)

Marcus Davey
Robin Wynde
Charles Arnold
Hannah Broom
Sandra Ingham

Biggleswade Athletic Club Individual Awards



2016

5 Km

Men's

Women's

John McGrath
Hannah Broom

10 Km

Men's

Women's

Paul Davies
Juliet Nayler

10 Mile

Men's

Women's

Paul Davies
Isobel Everest

Half Marathon

Men's

Women's

Marcus Davey
Hannah Broom

Complete Athlete Award

Nigel Bush

Endurance Trophy

Robert Morgan

Most Improved Senior Athlete

Men's

Women's

Charlie Arnold
Hannah Broom

Club Person of the Year

Giles Hawthorne

Lonely Pines Trophy - Club Members Member of the Year

Paul Davies

Senior Awards

Senior Male Track Athlete of the Year

Senior Female Track Athlete of the Year

Senior Male Field Athlete of the Year

Senior Female Field Athlete of the Year

Morgan Webster
Hannah Ridley
Daniel Steel
Sandra Ingham

Veteran Awards

Veteran Male (35-49)

Veteran Male (50-59)

Veteran Female (35-49)

Veteran Female (50-59)

Veteran (60+)

Stuart Goodwin
Robin Wynde
Fiona Wynde
Lindsey Lister
Charlie Arnold

Pentathlon

Male

Female

Dan Steel
Chloe Emery

Biggleswade Athletic Club Individual Awards



2015

5 Km

Men's

Women's

Craig Brown

Debs Bryant

10 Km

Men's

Women's

Paul Davies

Juliet Nayler

10 Mile

Men's

Women's

Marcus Davey

Juliet Grimwood

Half Marathon

Men's

Women's

Paul Davies

Cat Marriott

Complete Athlete Award

Damien Pitts

Endurance Trophy

Ed Jones

Most Improved Senior Athlete

Men's

Women's

Paul Cooke

Lindsay Lister

Club Person of the Year

Peter Howell

Lonely Pines Trophy - Club Members Member of the Year

Mandie Trudghill

Senior Awards

Senior Male Track Athlete of the Year

Senior Female Track Athlete of the Year

Senior Male Field Athlete of the Year

Senior Female Field Athlete of the Year

Morgan Webster

Laura Satahoo

Daniel Steel

Rebecca Lee

Veteran Awards

Veteran Male (35-49)

Veteran Male (50-59)

Veteran Female (35-49)

Veteran Female (50-59)

Stuart Goodwin

David Brown

Jo Ellary

Sandra Ingram

Pentathlon

Male

Female

Dan Steel

Chloe Emery

Biggleswade Athletic Club Individual Awards



2014

5 Km

Men's

Women's

Paul Davies

Isobel Everest

10 Km

Men's

Women's

David Lee

Juliet Nayler

10 Mile

Men's

Women's

Paul Davies

Georgia Barker

Half Marathon

Men's

Women's

Paul Davies

Debs Bryant

Complete Athlete Award

Paul Davies

Endurance Trophy

Mel Brooks

Most Improved Senior Athlete

Men's

Women's

Michael Blunt

Hannah Ridley

Club Person of the Year

Ken Prior

Lonely Pines Trophy - Club Members Member of the Year

Bev Strong

Senior Awards

Senior Male Track Athlete of the Year

Senior Female Track Athlete of the Year

Senior Male Field Athlete of the Year

Senior Female Field Athlete of the Year

Ethan Metcalfe

Frankie Riley

Daniel Steel

Sarah Ridley

Veteran Awards

Veteran Male

Veteran Female

Ian Skerratt

Sandra Ingham

Most Improved Athlete

Ferdinand Kricks

Most Improved Junior

Male

Female

Morgan Webster

Frankie Riley

Best Performance Junior

Male

Female

Callum Dickson-Earle

Chloe Emery

Biggleswade Athletic Club Individual Awards



2013

5 Km

Men's
Women's

Paul Davies
Isobel Everest

10 Km

Men's
Women's

Paul Davies
Juliet Naylor

10 Mile

Men's
Women's

Craig Brown
Georgia Barker

Half Marathon

Men's
Women's

Paul Davies
Debbie Bryant

Endurance Trophy

Ed Jones

Most Improved Senior Athlete

Men's
Women's

David Lee
Michelle Geeson

Club Person of the Year

Robin Wynde

Lonely Pines Trophy - Club Members Member of the Year

Peter Howell

Senior Awards

Senior Male Track Athlete of the Year
Senior Female Track Athlete of the Year

Daniel Steel
Sandra Ingham

Veteran Awards

Veteran Male
Veteran Female

Robin Wynde
Sandra Ingham

U11 Champion

Boys
Girls

Keenan Dyer-Dixon
Emily Day

U13 Champion

Boys
Girls

Rohan Ford
Jordan Bircumshaw

U15 Champion

Boys
Girls

Callum Dickson-Earle
Natasha Smith

U17 Champion

Male
Female

Connor Trudgill
Rebecca Lee

Most Improved Junior

Male
Female

Ethan Metcalfe
Rebecca Lee

Best Performance Junior

Male
Female

Tom Boggan
Katie Miles

Biggleswade Athletic Club Individual Awards



Pentathlon Challenge
Male
Female

Ethan Metcalfe
Sarah Ridley

Biggleswade Athletic Club Individual Awards



2012

5 Km

Men's
Women's

Craig Brown
Juliet Naylor

10 Km

Men's
Women's

Craig Brown
Juliet Naylor

10 Mile

Men's
Women's

Craig Brown
Isobel Everest

Half Marathon

Men's
Women's

John Haines
Isobel Everest

Endurance Trophy

Sylvie Walpole

Most Improved Senior Athlete

Men's
Women's

Craig Brown
Rachel Kenyon

Club Person of the Year

Mandie Trudgill

Lonely Pines Trophy - Club Members Member of the Year

Alison Roberts

Senior Awards

Senior Male Track Athlete of the Year
Senior Female Track Athlete of the Year

Chris Watson
Sarah Ridley

Veteran Awards

Veteran Male
Veteran Female

John Haines
Sandra Ingham

Most Improved Junior

Male
Female

Sarah Ridley

Best Performance Junior

Male
Female

Hannah Ridley

Pentathlon Challenge

Male
Female

Euan Dickson Earle
Sarah Ridley

Biggleswade Athletic Club Individual Awards



2011

5 Km

Men's
Women's

John Haines
Isobel Everest

10 Km

Men's
Women's

Richard Gray
Juliet Naylor

10 Mile

Men's
Women's

John Haines
Val Kemp

Half Marathon

Men's
Women's

John Haines
Debbie Bryant

Endurance Trophy

Richard Gray

Most Improved Senior Athlete

Richard Bevan

Club Person of the Year

Sonia Edwards

Lonely Pines Trophy - Club Members Member of the Year

Jan Blake

Senior Awards

Senior Male Track Athlete of the Year
Senior Female Track Athlete of the Year

Daniel Steel
Sandra Ingham

Veteran Awards

Veteran Male
Veteran Female

David Brown
Zoe Luscombe

U13 Champion

Boys
Girls

Cybil Laobena
Natasha Smith

U15 Champion

Boys
Girls

Connor Trudgill
Sarah Ridley

U17 Champion

Male
Female

Sam Smith
Charlotte Sexton

Most Improved Junior

Male
Female

Sam Smith
Faye Young

Best Performance Junior

Male
Female

Euan Dickson-Earle & Josh Watson
Hannah Ridley

Pentathlon Challenge

Male
Female

Scott Parsons & Jack Edwards
Chloe Oram

Biggleswade Athletic Club Individual Awards



2010

5 Km

Men's
Women's

John Haines
Juliet Naylor

10 Km

Men's
Women's

Clark Skerratt
Juliet Naylor

10 Mile

Men's
Women's

Rob Hemming
Juliet Naylor

Half Marathon

Men's
Women's

John Haines
Elaine Stead

Endurance Trophy

Jon Balaam

Most Improved Senior Athlete

Paul Davies

Club Person of the Year

Ken Prior

Lonely Pines Trophy - Club Members Member of the Year

Fiona Wynde, Julie Balaam,
Julia Mackay

U13 Champion

Boys
Girls

Callum Dickson-Earle
Megan Roberts

U15 Champion

Boys
Girls

Euan Dickson-Earle
Chloe Oram

U17 Champion

Male
Female

Josh Watson
Not Contested

Most Improved Junior

Male
Female

Alex Ingham
Not Contested

Best Performance Junior

Male
Female

Euan Dickson Earle
Megan Roberts

Pentathlon Challenge

Male
Female

Scott Parsons
Chloe Oram

Biggleswade Athletic Club Individual Awards



2009

5 Km

Men's
Women's

John Haines
Nathalie Auger

10 Km

Men's
Women's

Vince Plosky
Juliet Nayler

10 Mile

Men's
Women's

Richard Gray
Juliet Nayler

Half Marathon

Men's
Women's

John Haines
Isobel Everset

Endurance Trophy

Sharyn Bray

Most Improved Senior Athlete

Isobel Everest

Club Person of the Year

Graham Bufton

Lonely Pines Trophy - Club Members Member of the Year

Sandra Ingham

U13 Champion

Boys
Girls

Connor Trudgill
Evie Mugridge

U15 Champion

Boys
Girls

Sam Smith
Kim Stonebridge

U17 Champion

Male
Female

Adam Murphy
Amelia Wood

Most Improved Junior

Male
Female

Andrew Baldwin
Chloe Litchfield

Best Performance Junior

Male
Female

Euan Dickson Earle
Katie Bland

Pentathlon Challenge

Male
Female

Daniel Steel
Kim Stonebridge

Biggleswade Athletic Club Individual Awards



2008

5 Km

Men's
Women's

Clark Skerratt
Fiona Hunter

10 Km

Men's
Women's

Vince Plosky
Debbie Bryant

10 Mile

Men's
Women's

Vince Plosky
Fiona Hunter

Half Marathon

Men's
Women's

Clark Skerratt
Julie Sutton

Endurance Trophy

Rob Morgan

Most Improved Senior Athlete

Craig Brown

Club Person of the Year

Damien Pitts

Lonely Pines Trophy - Club Members Member of the Year

Ken Prior

U11 Champion

Boys
Girls

William Forster
Tiffany Jones

U13 Champion

Boys
Girls

James Thomas
Claire Cornish

U15 Champion

Boys
Girls

Josh Watson
Beth Harvey

U17 Champion

Male
Female

Adam Murphy
Katie Bland

Most Improved Junior

Male
Female

Rhys Harvey
Amy Lyons

Best Performance Junior

Male
Female

Tom Worboys
Katie Bland

Pentathlon Challenge

Male
Female

Zac Morrison
Alice Middleton

Biggleswade Athletic Club Individual Awards



2007

5 Km

Men's
Women's

Nigel Bush
Natalie Darlow

10 Km

Men's
Women's

Clark Skerratt
Debbie Bryant

10 Mile

Men's
Women's

Nigel Bush
Debbie Bryant

Half Marathon

Men's
Women's

Clark Skerratt
Natalie Darlow

Endurance Trophy

Roger Wadeley

Most Improved Senior Athlete

Rob Morgan

Club Person of the Year

Anne Lincoln

Most Improved Junior

Male
Female

Tom Worboys
Holly Welham

Best Performance Junior

Male
Female

Josh Watson
Katie Bland

Pentathlon Challenge

Male
Female

Zac Morrison
Alice Middleton

Biggleswade Athletic Club Individual Awards



2006

10 Km

Men's
Women's

Clark Skerratt
Karen Worrall

10 Mile

Men's
Women's

Clark Skerratt
Not Contested

Half Marathon

Men's
Women's

Clark Skerratt
Debbie Bryant

Most Improved Senior Athlete

Debbie Bryant

Club Person of the Year

Lee Welham

Most Improved Junior

Male
Female

Josh Watson
Jasmine Coughtry

Best Performance Junior

Male
Female

Matthew Glass
Sancha Corby

Pentathlon Challenge

Male
Female

Zac Morrison
Alice Middleton

Biggleswade Athletic Club Individual Awards



2005

10 Km

Men's
Women's

Steve Chalk
Karen Worrall

10 Mile

Men's
Women's

Nigel Bush
Not Contested

Half Marathon

Men's
Women's

Nigel Bush
Jan Forrester

Endurance Trophy

Chris Clarke

Most Improved Senior Athlete

Zoe Dawson

Club Person of the Year

Tim Huxtable

Most Improved Junior

Male
Female

Billy Ballam
Jasmine Coughtry

Best Performance Junior

Male
Female

Jorden Best
Alice Middleton

Biggleswade Athletic Club Individual Awards



2004

10 Km

Men's
Women's

Roger Wadeley
Karen Worrall

10 Mile

Men's
Women's

Roy Steven
Zoe Dawson

Half Marathon

Men's
Women's

Clark Skerratt
Karen Worrall

Endurance Trophy

Ken Prior

Most Improved Senior Athlete

Debbie Bryant

Club Person of the Year

Sharron Best

Most Improved Junior

Male
Female

Roscoe Pibworth
Chloe Best

Best Performance Junior

Male
Female

Jorden Best
Helen Brown

Pentathlon Challenge

Male
Female

Zac Morrison
Zoe Dawson

Biggleswade Athletic Club Individual Awards



2003

10 Km

Men's
Women's

Roy Steven
Zoe Dawson

10 Mile

Men's
Women's

Roy Kellaway
Karen Worrall

Half Marathon

Men's
Women's

Clark Skerratt
Not Contested

Endurance Trophy

Chris Clarke

Most Improved Senior Athlete

Andy Darnell

Club Person of the Year

Gavin Elliott

Most Improved Junior

Male
Female

Nick Gilbert
Not Contested

Best Performance Junior

Male
Female

Dean Bartlett
Kay Brown

Pentathlon Challenge

Male
Female

Zac Morrison
Zoe Dawson

Biggleswade Athletic Club Individual Awards



2002

10 Km

Men's
Women's

Roy Kellaway
Jan Forrester

10 Mile

Men's
Women's

Roy Kellaway
Jan Forrester

Endurance Trophy

Chris Clarke

Most Improved Senior Athlete

Karen Worrall

Most Improved Junior

Male
Female

Chris Drinkwater
Kay Brown

Best Performance Junior

Male
Female

Not Contested
Lauren Ambrose

Pentathlon Challenge

Male
Female

Zac Morrison
Not Contested

Biggleswade Athletic Club Individual Awards



2001

10 Km

Men's
Women's

Roy Steven
Jan Forrester

10 Mile

Men's
Women's

Roger Wadeley
Jackie Tutt

Endurance Trophy

Gavin Elliott

Most Improved Senior Athlete

Damien Pitts

Most Improved Junior

Male
Female

James Drinkwater
Not Contested

Best Performance Junior

Male
Female

Not Contested
Not Contested

Pentathlon Challenge

Male
Female

Not Contested
Tara Kier